

	<p>Term 1</p> <p>Being Me</p> <p>British Values</p> <p>ZONES OF REGULATION</p>	<p>Term 2</p> <p>Growth Mindset</p> <p>Challenging Stereotypes</p> <p>ZONES OF REGULATION</p>	<p>Term 3</p> <p>A healthy life- physical and mental wellbeing.</p> <p>ZONES OF REGULATION</p>	<p>Term 4</p> <p>Celebrating Difference and Healthy relationships</p> <p>ZONES OF REGULATION</p>	<p>Term 5</p> <p>Caring for the environment- World Earth Day</p> <p>ZONES OF REGULATION</p>	<p>Term 6</p> <p>SRE</p> <p>ZONES OF REGULATION</p>
	<p>People of influence</p> <p>Nelson Mandella (Black History Month October)</p>	<p>People of influence:</p> <p>Marcus Rashford</p>	<p>People of Influence</p> <p>Marie Curie</p>	<p>People of influence</p> <p>Kare Adenegan</p> <p>And other paralympians</p>	<p>People of Influence</p> <p>Greta Thunberg/ David Attenburgh</p>	<p>People of Influence</p>
<p>Foundation</p> <p>Year 1</p>	<p>Being me</p> <p>Learn and recognise feelings, being special, know when I am angry and understand how my moods affect others</p> <p>The Rule of the Law (link with votes for house Captains)</p> <p>British values – tolerance</p> <p>School values – resilience</p> <p>Community links – Harvest boxes</p>	<p>Growth Mindset</p> <p>Anti-Bullying week</p> <p>Resilience</p> <p>Aspiration</p> <p>Challenging stereotypes</p> <p>Begin to accept the needs of others and can take turns and share resources; accept the needs of others; they show sensitivity to others’ needs and feelings;</p>	<p>A healthy life</p> <p>Understanding what being healthy means and how we need sleep, water and our 5-A-Day (introduce 5-A-Day)</p>	<p>Celebrating difference</p> <p>How we look, what sports or hobbies we like, how we have different homes and families</p> <p>Recognising what makes you you, knowing who to ask for help and reinforce turn taking in friendships and at home</p>	<p>Caring for our environment – knowing what our environment is and understanding how we can care for it, litter, reduce the amount of water we use and the importance of recycling and reusing</p>	<p>Myself and others/family networks/body awareness/hygiene</p> <p>What is a family/growing and changing</p> <p>Transitions</p>
<p>Year 2</p>	<p>Being me</p> <p>Happy and sad, angry, calm and scared, recognizing other people’s emotions</p>	<p>Growth Mindset</p> <p>Anti-Bullying week</p> <p>Resilience</p> <p>Aspiration</p> <p>Challenging stereotypes</p>	<p>A healthy life</p> <p>A healthy body and mind and how we achieve this, knowing how keeping clean, including cleaning our teeth, washing hands,</p>	<p>Celebrating difference</p> <p>Understand what bullying is and learn how to nurture friendships and relationships, understanding what makes us the same and</p>	<p>Caring for our environment – improvements and harm to local environments; ways of looking after local environments</p>	<p>Differences between males and females.</p> <p>Challenging stereotypes.</p> <p>Transitions</p>

	<p>The Rule of the Law (link with votes for house Captains)</p> <p>British values – tolerance School values – resilience</p> <p>Community links – Harvest boxes</p>	<p>Attributes: kindness/fairness; sharing and respecting opinions; recognising and respecting similarities and differences</p>	<p>bathing or showering as well as eating a healthy diet are important to a healthy life</p>	<p>different, recognising right and wrong and making the right decisions</p> <p>Forming and nurturing positive relationships and recognising when they are unhealthy, knowing how to make changes to your behaviour, making amends and showing you are sorry by actions.</p>		
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<p>Year 3 Year 4</p>	<p>Being me Resilience Honesty</p> <p>The Rule of the Law (link with votes for house Captains)</p> <p>British values – tolerance School values – resilience</p> <p>Community links – Harvest boxes</p>	<p>Growth Mindset Anti-Bullying week</p> <p>Resilience Aspiration</p> <p>Challenging stereotypes</p> <p>Considering how families are different and recognise how people have fixed ideas about what a family is</p> <p>Recognising stereotypes; different types of relationships; respecting similarities and differences; bullying and discrimination; respecting others’ feelings and opinions</p>	<p>A healthy lifestyle Understanding how exercise, diet, sleep and drinking water, keeping clean, teeth, visiting the doctor and dentist all help to support a healthy lifestyle, understand how we can also have some</p>	<p>Celebrating difference Knowing my family members are similar and different and understanding that families sometimes have conflicts in them, exploring ways to deal with conflicts, taking this to school and understanding conflicts with friends, recognising bullying and knowing what to do about bullying, saying the right thing even when it is difficult to say, accepting people for who they are, understanding that people might look different to me and have a different culture and/or religion, exploring and understanding disabilities</p> <p>Forming and nurturing positive relationships and recognising when they are unhealthy, knowing how to make changes and to deal with bullying and controlling, making changes and showing you are sorry by future behaviour</p>	<p>Caring for our environment – our responsibilities towards our environment; being part of a community; different groups that support our communities and environment; the lives of other people around the world; how resources are allocated to communities</p>	<p>Differences between males and females. Personal space Family differences.</p> <p>Growing and changing Puberty Reproduction</p> <p>Transitions</p>
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<p>Year 5 Year 6</p>	<p>Being me Resilience Honesty</p> <p>The Rule of the Law (link with votes for house Captains)</p> <p>British values – tolerance School values – resilience</p> <p>Community links – Harvest boxes</p>	<p>Growth Mindset Anti-Bullying week</p> <p>Resilience Aspiration</p> <p>Challenging stereotypes – Understand how our attitudes and values about gender and sexuality may be affected by factors such as age, religion and culture Recognise and challenge gender stereotypes Understand how media messages affect attitudes, can cause inequality of opportunity and affect behavior Understanding different types of relationships; maintaining relationships; respecting similarities and differences; bullying, discrimination and prejudice</p>	<p>A healthy life Understanding how we make choices for a healthy lifestyle, alcohol, drugs and a poor diet and knowing what influences these choices</p>	<p>Celebrating difference Understanding direct and indirect bullying and knowing how to deal with it, learning about lives of people in developing world, exploring perceptions of ‘normal’ and ideas about disabilities</p> <p>To talk about their opinions, and explain their views on issues that affect themselves and society, understand that their actions affect themselves and others, to care about other people’s feeling and to try to see things from their points of view To be aware of different types of relationship, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p>	<p>Caring for our environment - responsibilities towards and how people contribute to communities and the environment; the lives of people living in other places; how the earth’s resources are allocated; resolving differences (Newsround)</p>	<p>Puberty Male and female changes Hygiene</p> <p>Reproduction Understanding relationships Contraception Pregnancy Communication in relationships</p> <p>Transitions</p>
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