

Information and support available to families

Social, Emotional and Mental Health

Kooth www.kooth.com

Mood spark www.moodspark.org.uk or www.kentresiliencehub.org.uk

Self referrals for counselling service www.kentcht.nhs.uk/forms/school-health-service-referral-form

Young minds <https://youngminds.org.uk/about-us/>

Links to ASD, ADHD, Anxiety, sleep...) <https://www.kentcht.nhs.uk/service/community-paediatrics/>

Cognition and learning

Dyslexia <https://www.bdadyslexia.org.uk/>

Communication and interaction including:

Speech and language <https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

Autistic spectrum disorder

National autistic society <https://www.autism.org.uk/>

Kent Autistic Trust <https://www.kentautistictrust.org/>

Physical and sensory

Friendz providing services to children and adults with learning and physical disabilities
www.kentfriendz.org.uk 01732 838183

OT and physio: <https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

Other

Local offer website (SEN information Hub) www.kent.gov.uk/localoffer

School health service <https://www.kentcht.nhs.uk/service/school-health/>

School resource hub: Anaphylaxis, asthma, epilepsy, hearing and toileting
<https://family.kentcht.nhs.uk/school-resource-hub/health-information/>

Diabetes UK <https://www.diabetes.org.uk/>

Bower Grove parent support group www.bower-grove.kent.sch.uk 01622 726773
psg.bowergrove@btinternet.com

Space2beme www.space2beme.org.uk

Bereavement Slide Away www.slideaway.org

Food parcels -Maidstone foodbank www.involvekent.org.uk 01622 677377

Single parent- Gingerbread www.gingerbread.org.uk 0808 8020925

Citizens advice www.adviceguide.org.uk 01622 752420